

"All things shall change in God's transfiguring hour."

-Savitri, Book III, Canto IV

We are deeply touched by the warm reception of the first issue of MĀSA and are thankful to our readers for their kind and encouraging words of appreciation. We hope to continue to present in these pages informative news and updates about various, events, activities and programmes at SACAR and its sister institutions. Some of our readers write:

"My prayers for the fulfilment of the ideals of SACAR on the occasion of the first issue of the E-newsletter and on the birthday of SACAR on 29th February."

"I am very positive that SACAR will go very far and wide; and at a surprising pace, yet to be witnessed, gladdening our hearts no end."

"The SACAR newsletter is wonderful! A great initiative and a much needed one."

"Wishing you all the best for the new venture!! It is delightful to know about the Baroda Connection."

UPCOMING EVENTS

An Orientation to the Multifaceted
Genius of Sri Aurobindo

APRIL 20–29, 2008

(Register Early! Only Six More Seats Available!)

2nd International Study Camp at Nainital

Theme: Yoga of Divine Love

OCTOBER 1-9, 2008

SACAR Celebrates its Anniversary - February 29, 2008



There is a need within the
soul of man
The splendours of the
surface never sate;
For life and mind and their
glory and debate
Are the slow prelude of a
vaster theme,
A sketch confused of a
supernal plan,
A preface to the epic of
the Supreme.
Sri Aurobindo



Golden Day, 29th February 2008 marked the "second" leap anniversary of SACAR. A small celebration was held at SACAR premises to mark this occasion. The event also marked the inauguration of the newly constructed Scholars' Home at SACAR. More than 50 people came for the programme, and Tara-Di from Delhi Branch of Sri Aurobindo Ashram did the honour of lighting the ceremonial lamp. She also recited one of the poems of Sri Aurobindo ("Surrender") which was followed by a short meditation with Mother's New Year music. Later the attendees had a rare opportunity to hear from Tara-Di and Lata-Di about their experiences of growing up with the Mother. The beautiful reminiscences about Mother's Love, Grace and Generosity filled the atmosphere with a powerful Presence.



"One can say that the supramental education will result no longer in a progressive formation of human nature and an increasing development of its latent faculties, but in a transformation of the nature itself, a transfiguration of the being in its entirety, a new ascent of the species above and beyond man towards superman, leading in the end to the appearance of a divine race upon earth."

The Mother

SACAR organises a seminar for Canadians

A "Seminar on Integral Well-being" was organised for a group of healing practitioners, nurses, and seekers visiting from Langara College in Vancouver, British Columbia. The series of talks and workshops held between February 20 and March 3, 2008 covered several topics -- Bases of Integral Yoga, Working with the Vital, Essentials of Integral Yoga, Dynamic Meditation and Concentration, Evolution of the Soul, Finding the Soul, Attuning to the Soul's Influence, Principles of Integral Health, Health and Healing, Aims and Principles of Integral Education and Practical Approaches to Education.



"Be conscious first of thyself within, then think and act. All living thought is a world in preparation; all real act is a thought manifested. The material world exists because an Idea began to play in divine self-consciousness."

Sri Aurobindo

Darshan Events at SACAR Talks on *Essays on the Gita*, *The Life Divine*

Following its tradition of the past several years, this year also special events were organized at SACAR around February Darshan. Talks by Ananda Reddy covered selected chapters from *Essays on the Gita* and *The Life Divine*, and were held during February 15-28, 2008. A few key topics of discussion included: comparison between Sankhya, Yoga of the Gita, and Yoga of Sri Aurobindo; and Relation between Man, God and Nature in Integral Philosophy. These talks were very well received. Different chapters from the same texts will be selected for similar talks to be held around August 2008 Darshan.



"The Gita is a book that has worn extraordinarily well and it is almost as fresh and still in its real substance quite as new, because always renewable in experience, as when it first appeared in or was written into the frame of the Mahabharata."

Sri Aurobindo

We invoke the Grace and Blessings of our beloved Mother and Sri Aurobindo through our reference to MĀ and SA. MĀSA is also a Sanskrit word which means month – appropriate for this monthly publication.

Online Programme in Introduction to Sri Aurobindo Studies Starts April 15th

A four-month overview of Sri Aurobindo's insights on Indian Culture, Social Evolution, Integral Philosophy and Integral Yoga.

Registration has already begun! For information and application,

Visit – www.sacar.in or email at: lseidlitz@gmail.com

SACAR Family attends the Dawn Bonfire on the 40th Anniversary of Auroville, February 28, 2008



NEWS from Hyderabad

The **Institute of Human Study** successfully conducted one-day workshop 'Need for Integral Education' at Narsampet, Warangal, Tadipatri and Proddatur to create awareness about Integral Education. Teachers, management representatives and parents participated in these workshops.

The Institute also conducted a follow up two-day 'Workshop on Integral Education' at Hyderabad for the teachers and management representatives from schools from Warnagal.



The **Matridarshan Trust** organised various events including Farmers' Camp, Youth Camp, Residential Workshop on Integral Yoga, Workshop on Naturopathy, Medical Camp, Cultural Programme in Folklore, and Kavisammelan during the Silver Jubilee Celebrations from 21st to 29th Feb, 2008. 'Golden Day' was celebrated on 29th February with pre-dawn meditation and *agnihomam*.



**"Those who are poor, ignorant, ill-born or ill-bred are not the common herd; the common herd are all who are satisfied with pettiness and an average humanity."
Sri Aurobindo**

Sri Aurobindo Centre for
Advanced Research
39 Vanniar Street
Vaithikuppam
Pondicherry 605012, INDIA
www.sacar.in

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Photograph titled "Ek Noor Se Sab Jag Upajaya" (All Existence springs forth from One Light) by Eeshan Mahesh graces the first page of this issue of MĀSA. Hyderabad photos, courtesy of Institute of Human Study.